

**POLYSACCHARIDE BASED BIODEGRADABLE  
PARTICLES WITH VARIOUS ARCHITECTURES INTENDED  
FOR PROGRAMMABLE DRUG DELIVERY**

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INDIAN INSTITUTE OF TECHNOLOGY DELHI**

**MARCH 2025**

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by

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**Department of Materials Science and Engineering**

*Submitted*

*in fulfilment of the requirements of the degree of Doctor of Philosophy*

*to the*



**INDIAN INSTITUTE OF TECHNOLOGY DELHI**

**MARCH 2025**

*Dedicated to my family and God*

## **CERTIFICATE**

This is to certify that the thesis entitled, “Polysaccharide Based Biodegradable Particles with Various Architectures Intended for Programmable Drug Delivery” being submitted by Ms. Aiswarya T T to Indian Institute of Technology Delhi for the award of degree of Doctor of Philosophy is a record of bonafide research work carried out by her. Ms. Aiswarya T T has worked under my guidance and supervision and has fulfilled the requirements for the submission of this thesis, which to my knowledge has reached the requisite standard. The results contained in this thesis are original and have not been submitted, in part or full, to any other University or Institute for the award of any other degree or diploma.

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## ABSTRACT

Recent research in the development of biomaterials has shifted focus from synthetic biocompatible polymers to natural materials due to their inherent biocompatibility, biodegradability, and compatibility with the metabolic system. Among natural biomolecules, polysaccharides have garnered interest due to their abundance, hydrophilicity, defined structure, ease of functionalization, and selectivity towards specific cell sites. Polysaccharides, as constituents of glycoproteins, glycolipids, and proteoglycans, play crucial roles in cell signalling, immune recognition, proliferation, adhesion, and tumor metastasis. These properties make them ideal for biomedical applications ranging from drug delivery to tissue engineering. Polysaccharide-based biomaterials can mimic biological functions, resist elimination from the body, and perform targeted therapeutic actions, making them promising candidates for advanced therapeutic delivery systems.

This thesis explores the fabrication and application of polysaccharide-based materials for drug delivery. Chapter 2 discusses the synthesis of carboxylated nanocellulose fibers for sustained antimicrobial delivery. The nanocellulose was prepared through a two-step process involving citric acid-induced hydrolysis followed by TEMPO-mediated oxidation, resulting in high carboxyl content (~1.12 mmol/g). This high carboxyl content facilitated the capture and release of antibiotics like triclosan and ampicillin sodium, showing high drug loading (>40%) and entrapment efficiency (>80%). Molecular docking studies revealed that the nanocellulose with the highest carboxyl content exhibited strong binding affinity towards antibiotics via hydrogen bonding. Triclosan-loaded fibers displayed sustained antibacterial activity against *Escherichia coli* and *Staphylococcus aureus* over a week, and ampicillin-loaded fibers released the drug within 48 hours, demonstrating diffusion-driven release. The nanocellulose-based system offers a green and cost-effective alternative for developing biodegradable nanocarriers with high drug loading and sustained antibacterial effects. Clinical validation was performed by loading the fibers with moxifloxacin hydrochloride to treat bacterial-resistant ocular infections. The moxifloxacin-loaded fibers showed better permeability into *Staphylococcus aureus* biofilm, with a sustained release of the drug over 40 hours and a reduction in the frequency of dosing.

Chapter 3 details the development of core-shell microspheres with a cellulosic core and an acetalated dextran as shell for stimuli-responsive drug delivery. The acetalated dextran based shell, a pH-sensitive polysaccharide, provided physiological stability, while the porous cellulose core facilitated better drug entrapment and diffusion. A magneto/photo-responsive

microsphere co-loaded with magnetite ( $\text{Fe}_3\text{O}_4$ ) nanoparticles, nano zero valent iron (nZVI) particles, and a photoacid generator (PAG) was designed for degradation-assisted release behavior. Upon exposure to an alternating magnetic field (AMF) and UV LED irradiation, these microspheres rapidly degraded, releasing a model drug (curcumin) in less than 50 minutes. The system demonstrated cytotoxicity under external stimulus, validating its potential for targeted cancer therapy. In Chapter 4, the microspheres were modified for radiofrequency (RF) responsiveness by incorporating graphene oxide (GO), enabling on-demand drug release. The GO-loaded microspheres exhibited RF-triggered disintegration and released 98% of the encapsulated drug within 60 minutes, showing promise for precision drug delivery. Chapter 5 introduces bicompartamental (Janus) microparticles with spatioselective conjugation of polymannose (polyMEMA) moieties for targeted drug delivery. The microparticles were fabricated using poly(lactic acid) (PLA) and bromo-functionalized random copolymers through electrohydrodynamic co-jetting, followed by surface-initiated atom transfer radical polymerization (SIATRP) to graft poly(MEMA) brushes. The density of polymannose increased with PLA-Br concentration, enhancing the binding affinity of the particles to mannose receptors expressed on macrophages and dendritic cells. Interaction studies using Concanavalin A and functionalized polymersomes (may act as drug carriers) confirmed their efficient conjugation to polymannose brush modified Janus particles, indicating their potential as targeted drug delivery vehicles. Finally, Chapter 6 concludes the advances in polysaccharide-based biomaterials for targeted drug delivery, highlighting their biocompatibility, biodegradability, and specificity. Systems like carboxylated nanocellulose based fibers, core-shell microspheres, and Janus microparticles demonstrated sustained drug release for applications in antimicrobial therapy, cancer treatment, and immune targeting. The outlook suggests diversifying the polysaccharide types and improving their scalability for *in situ* diagnostics and controlled release, paving an innovative way for sustainable, personalized drug delivery in biomedical arena.

## सार

बायोमटेरियल के विकास में हाल के शोध ने अपनी अंतर्निहित बायोकम्पैटिबिलिटी, बायोडिग्रेडेबिलिटी और मेटाबॉलिक सिस्टम के साथ अनुकूलता के कारण सिंथेटिक बायोकम्पैटिबल पॉलिमर से प्राकृतिक सामग्रियों पर ध्यान केंद्रित किया है। प्राकृतिक बायोमोलेक्यूल्स में, पॉलीसेकेराइड ने अपनी प्रचुरता, हाइड्रोफिलिसिटी, परिभाषित संरचना, कार्यात्मकता में आसानी और विशिष्ट सेल साइटों के प्रति चयनात्मकता के कारण रुचि अर्जित की है। ग्लाइकोप्रोटीन, ग्लाइकोलिपिड्स और प्रोटियोग्लाइकन के घटक के रूप में पॉलीसेकेराइड सेल सिग्नलिंग, प्रतिरक्षा पहचान, प्रसार, आसंजन और ट्यूमर मेटास्टेसिस में महत्वपूर्ण भूमिका निभाते हैं। ये गुण उन्हें दवा वितरण से लेकर उतक इंजीनियरिंग तक के जैव चिकित्सा अनुप्रयोगों के लिए आदर्श बनाते हैं। पॉलीसेकेराइड-आधारित बायोमटेरियल जैविक कार्यों की नकल कर सकते हैं, शरीर से निष्कासन का विरोध कर सकते हैं अध्याय 2 में निरंतर रोगाणुरोधी वितरण के लिए कार्बोक्सिलेटेड नैनोसेल्यूलोज फाइबर के संश्लेषण पर चर्चा की गई है। नैनोसेल्यूलोज को दो-चरणीय प्रक्रिया के माध्यम से तैयार किया गया था जिसमें साइट्रिक एसिड-प्रेरित हाइड्रोलिसिस शामिल था, उसके बाद TEMPO-मध्यस्थ ऑक्सीकरण हुआ, जिसके परिणामस्वरूप उच्च कार्बोक्सिल सामग्री (~ 1.12 mmol/g) प्राप्त हुई। इस उच्च कार्बोक्सिल सामग्री ने ट्राइक्लोसन और एम्पीसिलीन सोडियम जैसे एंटीबायोटिक्स को पकड़ने और छोड़ने में मदद की, जिससे उच्च दवा लोडिंग (> 40%) और फंसाने की दक्षता (> 80%) दिखाई दी। आणविक डॉकिंग अध्ययनों से पता चला है कि उच्चतम कार्बोक्सिल सामग्री वाले नैनोसेल्यूलोज ने हाइड्रोजन बॉन्डिंग के माध्यम से एंटीबायोटिक्स के प्रति मजबूत बंधन संबंध प्रदर्शित किया। ट्राइक्लोसन-लोडेड फाइबर ने एक सप्ताह में एस्चेरिचिया कोली और स्टैफिलोकोकस ऑरियस के खिलाफ निरंतर जीवाणुरोधी गतिविधि प्रदर्शित की, और एम्पीसिलीन-लोडेड फाइबर ने 48 घंटों के भीतर दवा जारी की, जो प्रसार-संचालित रिलीज का प्रदर्शन करता है। नैनोसेल्यूलोज-आधारित प्रणाली उच्च दवा लोडिंग और निरंतर जीवाणुरोधी प्रभावों के साथ बायोडिग्रेडेबल नैनोकैरियर विकसित करने के लिए एक हरित और लागत प्रभावी विकल्प प्रदान करती है। बैक्टीरिया-प्रतिरोधी नेत्र संक्रमणों के उपचार के लिए फाइबर को मोक्सीफ्लोक्सासिन हाइड्रोक्लोराइड से लोड करके नैदानिक सत्यापन किया गया। मोक्सीफ्लोक्सासिन-लोडेड फाइबर ने स्टैफिलोकोकस ऑरियस बायोफिल्म में बेहतर पारगम्यता दिखाई, जिसमें 40 घंटे से अधिक समय तक दवा की निरंतर रिहाई और खुराक की आवृत्ति में कमी आई। अध्याय 3 में उत्तेजना-उत्तरदायी दवा वितरण के लिए सेल्यूलोज कोर और एसीटैलेटेड डेक्सट्रान शेल के साथ कोर-शेल माइक्रोस्फीयर के विकास का विवरण दिया गया है। एसीटैलेटेड डेक्सट्रान शेल, एक पीएच-संवेदनशील पॉलीसेकेराइड,

शारीरिक स्थिरता प्रदान करता है, जबकि छिद्रपूर्ण सेल्यूलोज कोर बेहतर दवा फंसाने और प्रसार की सुविधा प्रदान करता है। मैग्नेटाइट (Fe<sub>3</sub>O<sub>4</sub>) नैनोकणों, नैनो जीरो वैलेंट आयरन (nZVI) कणों और एक फोटोएसिड जनरेटर (PAG) के साथ सह-लोड किए गए एक मैग्नेटो/फोटो-उत्तरदायी माइक्रोस्फीयर को गिरावट-सहायता प्राप्त रिलीज व्यवहार के लिए डिज़ाइन किया गया था। एक वैकल्पिक चुंबकीय क्षेत्र (AMF) और UV LED विकिरण के संपर्क में आने पर, ये माइक्रोस्फीयर तेजी से विघटित हो गए, जिससे 50 मिनट से भी कम समय में एक माँडल दवा (कैल्सिट्रिन) निकल गई। इस प्रणाली ने बाहरी उत्तेजना के तहत साइटोटाॉक्सिसिटी का प्रदर्शन किया, जिससे लक्षित कैंसर थेरेपी के लिए इसकी क्षमता की पुष्टि हुई। अध्याय 4 में, माइक्रोस्फीयर को ग्रेफीन ऑक्साइड (GO) को शामिल करके रेडियोफ्रीक्वेंसी (RF) प्रतिक्रियाशीलता के लिए संशोधित किया गया था, जिससे ऑन-डिमांड ड्रग रिलीज संभव हो गई। GO-लोडेड माइक्रोस्फीयर ने RF-ट्रिगर विघटन का प्रदर्शन किया और 60 मिनट के भीतर 98% एनकैप्सुलेटेड ड्रग को रिलीज किया, जिससे सटीक ड्रग डिलीवरी की संभावना दिखाई दी। अध्याय 5 लक्षित ड्रग डिलीवरी के लिए पॉलीमैनोज़ मोड्युलर के स्थानिक चयनात्मक संयुग्मन के साथ द्वि-कम्पार्टमेंटल (जेनस) माइक्रोपार्टिकल्स का परिचय देता है। इलेक्ट्रोहाइड्रोडायनामिक को-जेटिंग के माध्यम से पॉली(लैक्टिक एसिड) (PLA) और ब्रोमीन-फंक्शनलाइज्ड रैंडम कॉपोलिमर का उपयोग करके माइक्रोपार्टिकल्स का निर्माण किया गया, इसके बाद पॉली(MEMA) ब्रश को ग्राफ्ट करने के लिए सरफेस-इनिशिएटेड एटम ट्रांसफर रेडिकल पॉलीमराइजेशन (SIATRP) का उपयोग किया गया। पॉलीमैनोज़ का घनत्व PLA-Br सांद्रता के साथ बढ़ा, जिससे मैक्रोफेज और डेंड्राइटिक कोशिकाओं पर व्यक्त मैनोज़ रिसेप्टर्स के लिए कणों की बंधन आत्मीयता बढ़ गई। कॉनकेनवेलिन ए और कार्यात्मक पॉलीमरसोम का उपयोग करके इंटरैक्शन अध्ययन ने इन माइक्रोपार्टिकल्स के प्रभावी बंधन की पुष्टि की, जो लक्षित वितरण वाहनों के रूप में उनकी क्षमता का संकेत देता है। अंत में, अध्याय 6 लक्षित दवा वितरण के लिए पॉलीसैकेराइड-आधारित बायोमटेरियल में प्रगति का निष्कर्ष निकालता है, उनकी जैव-संगतता, जैव-निम्नीकरणीयता और विशिष्टता पर प्रकाश डालता है। कार्बोक्सिलेटेड नैनोसेल्यूलोज फाइबर, कोर-शेल माइक्रोस्फीयर और जेनस माइक्रोपार्टिकल्स जैसी प्रणालियाँ एंटीमाइक्रोबियल थेरेपी, कैंसर उपचार और प्रतिरक्षा लक्ष्यीकरण में अनुप्रयोगों के लिए निरंतर दवा रिलीज को प्रदर्शित करती हैं। भविष्य का दृष्टिकोण पॉलीसैकेराइड प्रकारों में विविधता लाने और इन-सीटू डायग्नोस्टिक्स और नियंत्रित रिलीज के लिए मापनीयता में सुधार करने का सुझाव देता है, जिससे बायोमैडिकल अनुप्रयोगों में टिकाऊ, व्यक्तिगत दवा वितरण का मार्ग प्रशस्त होता है।

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## **LIST OF ABBREVIATIONS**

1,4-bis-2-ethylhexylsulfosuccinate (AOT)  
2,2,6,6-Tetramethylpiperidinyloxy (TEMPO)  
2-chloropropionyloxyethyl methacrylate (CPEM)  
2-ethoxy-2-oxo-1,3,2-dioxaphospholane (EOP)  
Acetalated-Dextran (Ac-D)  
Albumin–fluorescein isothiocyanate conjugate (FITC-BSA)  
Alkyl ketene dimer (AKD)  
atom transfer radical polymerization (AGET ATRP).  
Atomic force microscopy (AFM)  
Brunauer–Emmett–Teller (BET)  
Carboxymethyl cellulose (CMC)  
Cetyltrimethylammonium bromide (CTAB)  
Confocal Laser Scanning Microscope (CLSM)  
Concanavalin A (Con A)  
Deacetylated chitosan (DCH)  
Deionized (DI)  
Dimethyl sulfoxide (DMSO),  
Dimethylacetamide (DMAC)  
Dimethylformamide (DMF) and  
Doxorubicin (Dox)  
Drug loading (DL)  
Differential Scanning Calorimetry (DSC)  
Dynamic light scattering (DLS)  
Escherichia Coli (E. coli)  
Entrapment efficiency (EE)  
Food And Drug Administration (FDA)  
Field Emission Scanning Electron Microscopy (FESEM)  
Fluorescence resonance energy transfer (FRET)  
Fourier-transform infrared spectroscopy (FTIR)

Gel Permeation Chromatography (GPC)  
Graphene oxide (GO)  
High resolution Transmission Electron Microscopy (HRTEM)  
Isothermal titration calorimetry (ITC)  
Itaconic anhydride (ITA)  
Mannosyloxyethyl methacrylate (MEMA)  
Methotrexate (MTX).  
Minimum Inhibitory Concentration (MIC)  
Nanofibrillated cellulose (NFC)  
Nuclear magnetic resonance (NMR)  
Photo acid generator (PAG)  
Poly(Lactic-Co-Glycolic Acid (PLGA)  
Poly(ethyl ethylene phosphate) (PEEP)  
Polyelectrolyte complexation (PEC)  
Poly(lactic acid) (PLA)  
Polystyrene-block-poly(pentafluoro styrene) (PS-b-PFS)  
Powder X-ray diffraction (PXRD)  
PS-b-PAA (polystyrene-b-polyacrylic acid)  
Radiofrequency (RF)  
Reversible addition-fragmentation chain transfer (RAFT)  
Reversible deactivation radical polymerization (RDRP)  
Staphylococcus Aureus (*S. aureus*)  
Sodium bromide (NaBr)  
Sodium hypochlorite (NaClO)  
Sodium tripolyphosphate (TPP)  
Surface-initiated atom transfer radical polymerization (SI-ATRP)  
Ultraviolet-visible (UV)  
X-ray photoelectron spectroscopy (XPS)  
Zero-valent iron (ZVI)